

## PhD Syllabus -Ayurved Samhita Siddhant

### Marks-12

1. Charak Samhita 1. Charak Samhita completes with Ayurved Dipika commentary by Chakrapani. 2. Introductory information regarding all available commentaries on Charak Samhita 3. Comparative study of the Samprapti & Chikitsa Sootra mentioned by Brihatrayee of following diseases – Jwara, Raktpitta, Gulma, Prameha, Kushta, Shosha, Unmada, Apasmara, Atisara, Grahni, Vatrakta, Aamvata, Shwasa-Kasa, Pandu-Kamla, Urustambha, Vatavyadhi, Shotha, Udararoga, Yakshma,

### Marks-12

2. Sushrut Samhita & Ashtang-Hridayam 1. Sushrut Samhita Sutra sthana and Sharir-sthana. with Nibandha Samgraha commentary by Acharya Dalhana. 2. Ashtang-Hridayam Sutra Sthanamatram with Sarvanga Sundara commentary by Arun Dutt.

### Marks-12

3. Ayurvediya and Darshanika Siddhanta Introduction and description of philosophical principles incorporated in Charak Samhita, Sushrut Samhita, Ashtanga Hridya, Ashtang Samgraha. 1. Analysis of principles specially Loka-purusha samya, Ayusho Siddhant, Shadpadartha, Praman, Srishti Utpatti, Panchmahabhuta, Pilupaka, Pitharpaka Karana- Karyavada, Tantrayukti, Atmatatva siddhant. 2. Importance of Satkaryavad, Arambhavada, Parmanuvada Swabhavoparamvada, Swabhava Vada, Yadricha Vada, Karmvada. 3. Principles of Samkhya- Yoga, Nyaya-Vaisheshika, Vedanta and Mimansa.

### Marks-14

4. Ayurved Itihas and Prayogika Siddhant 1. Critical analysis and applied study of the following concepts – Triguna, Tridosha, Panchamahabhuta, Prakrtisamsaveta & Vikrativishamsamveta, Sharira & Manas Prakruti, Sama-Nirama, Agni, Ojus, Vyadhikshamatva, Vikarvighatbhavabhava, Kalakalmrtyu, Ahara-Vihara, Pathyapathya, Satmyaasatmya, Nidanarthakarroga, Shadavidhakriyakal, Ashtatrika, Shadaupakrama, Daiva-drishta, Punrjanma, Anubandha Chatushtya. a. Post independent Development of Ayurveda: Education, Research. b. Globalisation of Ayurved. c. Introduction of department of AYUSH, CCIM, CCRAS, RAV. d. Tridosha Siddhant. e. Panchabhautik Siddhant f. Manastattva and its Chikitsa Siddhant. g. Naishthiki Chikitsa. h. Practical applicability principles of Charvak, Jain & Bauddha Darshana. i. Journals, types of Journals review of Articles.

**Refrence Books-**

1. Charak Samhita with Chakrapani commentary.
2. Sushruta Samhita with Dalhana Commentary.
3. Ashtanga Samgraha with Sarvangsundara.
4. Ashtanga Hridaya with Sarvangasundara.
5. Vaisheshika Darshan – Prashastapada Bhasya
6. Nyaya Darshan - Vatsyayan Bhasya Patanjala
7. Yoga Darshan- Vyas Bhasya
8. Vedantsara
9. Sarvadarshan Samgraha
10. Bhartiya Darshan - Baldev Upadhyaya.
11. Ayurved Darshanam - Acharya Rajkumar Jain.
12. Ayurved Darshan Vimarsha- Dr O.P. Upadhyay.
13. Ayurvediy Jeevak Su -Dr O.P. Upadhyay.
14. Padartha Vidnyan - Dr O.P. Upadhyay.
15. Scientific Exploration of Ayurved – Dr. Sudhir Kumar.

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